



Local

YEAR ROUND

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FRESH 'N CRISP FARMS — HUDSON, OH

GREAT LAKES GROWERS — MIDDLEFIELD, OH

SUNSRPOUT FARMS OF OHIO — COLUMBUS, OH

VIGEO GARDENS — AKRON, OH

ALL YEAR-ROUND LOCAL PRODUCE



FRESH 'N CRISP FARMS®

100% Clean, Pre-Washed Greens
Grown in Hudson, Ohio

Lettuce

| | | |
|-------|---------------------------|--------|
| 01144 | Baby Green Crisp Lettuce | 5 LB |
| 99974 | Baby Spring Mix | 5 LB |
| 99022 | Baby Spring Mix | 8-4 OZ |
| 99965 | Baby Red & Green Leaf Mix | 5 LB |
| 99023 | Baby Red & Green Leaf Mix | 8-4 OZ |

Salad Kits

| | | |
|-------|---------------------------|--------|
| 03476 | Bright Balsamic Salad Kit | 8-4 OZ |
| 03475 | Caesar Salad Kit | 8-4 OZ |



Fresh 'n Crisp Farms delivers high-quality produce while supporting regional farmers and sustainability. They ensure their lettuce stays fresh and nutrient-rich while also reducing environmental impact.



Hydroponically Grown Lettuces
Grown in Middlefield, Ohio

| | | |
|--------------|---------------------------------------|----------------|
| 00193 | Living Garden Blend | 1-25 CT |
| 00993 | Icicle Lettuce Sandwich Leaves | 1-6 LB |
| 20771 | Hydro Bibb Lettuce | 1-12 CT |
| 00742 | Hydro Sweet Romaine Hearts | 1-25 CT |
| 00581 | Hydro Sweet Select | 1-3 LB |
| 00605 | Hydro Ohio Spring Mix | 6-5 OZ |
| 00582 | Hydro Ohio Spring Mix | 1-3 LB |

One of the largest greenhouses in Ohio, Great Lakes Growers utilizes growing techniques that provide a safe, controlled environment that yields consistent, high-quality lettuces.



Alfalfa Sprouts - Bean Sprouts
"so fresh, they're alive!"

Local Sprouts

Grown in Columbus, Ohio

| | | |
|--------------|------------------------|----------------|
| 21380 | Alfalfa Sprouts | 12-4 OZ |
| 21390 | Bean Sprouts | 1-5 LB |
| 21392 | Bean Sprouts | 1-10 LB |

Family owned and operated, their sprouts are grown hydroponically indoors so they can provide safe, healthy, and delicious sprouts to the region.



VIGEO
GARDENS

Premier ProduceOne

**Sustainably grown, pesticide-free
Grown in Akron, Ohio**

MICROGREENS

1-4 OZ

- 52075 The Blend**
- 95138 Red Blend**
- 20526 Arugula**
- 98706 Broccoli**
- 52136 Broccoli + Kale**
- 52069 Bulls Blood**
- 93273 Cilantro**
- 03418 Kale (Blue Curled)**
- 52148 Pea Shoots**
- 52152 Radish Blend**
- 52102 Red Veined Sorrel**
- 52086 Sunflower**

6-2 OZ RETAIL PACKS

- 05225 The Blend**
- 05224 Red Blend**
- 05221 Arugula**
- 05222 Broccoli + Kale**
- 05223 Pea Shoots**



SALAD GREENS

- 05672 Crisp Crunch Green Leaf - Summer Crisp Greens 6-4 OZ**
- 05673 Fresh Fusion - Summer Crisp Red Leaf 6-4 OZ**
- 05671 Super Romaine - Summer Crisp Green Leaf 6-4 OZ**

MUSHROOMS

- 03601 Oyster Mushrooms - Variety Pack 1-3 LB**

Locally based in Akron, Ohio, Vigéo Gardens uses innovative technology and sustainable practices to produce fresh, high-quality, and locally grown products year-round.

Lettuce

| | | |
|-------|--------------------------------|---------|
| 01144 | Baby Green Crisp Lettuce | 1-5 LB |
| 99965 | Baby Red & Green Leaf Lettuce | 1-5 LB |
| 99023 | Baby Red & Green Leaf Lettuce | 8-4 OZ |
| 99974 | Baby Spring Mix | 1-5 LB |
| 99022 | Baby Spring Mix | 8-4 OZ |
| 00193 | Living Garden Blend | 1-25 CT |
| 00993 | Icicle Lettuce Sandwich Leaves | 1-6 LB |
| 20771 | Hydro Bibb Lettuce | 1-12 CT |
| 00742 | Hydro Sweet Romaine Hearts | 1-25 CT |
| 00581 | Hydro Sweet Select | 1-3 LB |
| 00605 | Hydro Ohio Spring Mix | 6-5 OZ |
| 00582 | Hydro Ohio Spring Mix | 1-3 LB |

Salad Kits

| | | |
|-------|----------------------------|--------|
| 03476 | Bright Balsamic Salad Kit | 8-4 OZ |
| 03475 | Caesar Salad Kit | 8-4 OZ |
| 05672 | Crisp Crunch - Green Leaf | 6-4 OZ |
| 05673 | Fresh Fusion - Red Leaf | 6-4 OZ |
| 05671 | Super Romaine - Green Leaf | 6-4 OZ |

More Year-Round Local

| | | |
|-------|------------------|---------|
| 21380 | Alfalfa Sprouts | 12-4 OZ |
| 21390 | Bean Sprouts | 1-5 LB |
| 21392 | Bean Sprouts | 1-10 LB |
| 03601 | Oyster Mushrooms | 1-3 LB |

Microgreens

| | | |
|-------|-------------------------------------|--------|
| 52075 | Micro The Blend | 1-4 OZ |
| 95138 | Micro Red Blend | 1-4 OZ |
| 20526 | Micro Arugula | 1-4 OZ |
| 52136 | Micro Broccoli + Kale | 1-4 OZ |
| 93273 | Micro Cilantro | 1-4 OZ |
| 52102 | Micro Red Veined Sorrel | 1-4 OZ |
| 52069 | Micro Bulls Blood | 1-4 OZ |
| 98706 | Micro Broccoli | 1-4 OZ |
| 52096 | Micro Cabbage (Pak Choi) | 1-4 OZ |
| 03418 | Micro Kale (Blue Curled) | 1-4 OZ |
| 52148 | Micro Pea Shoots | 1-4 OZ |
| 52152 | Micro Radish Blend | 1-4 OZ |
| 52086 | Micro Sunflower | 1-4 OZ |
| 05225 | Micro The Blend - Retail Pack | 6-2 OZ |
| 05224 | Micro Red Blend - Retail Pack | 6-2 OZ |
| 05221 | Micro Arugula - Retail Pack | 6-2 OZ |
| 05222 | Micro Broccoli + Kale - Retail Pack | 6-2 OZ |
| 05223 | Micro Pea Shoots - Retail Pack | 6-2 OZ |